Nelson Shines At Simpson Twilight Open

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INDIANOLA, Iowa - **Ashley Nelson** *(Sr. -Darwin, MN/Litchfield)* took second place in two events in leading the UW-Eau Claire women's track and field team at the Simpson Twilight Open held here today.

Nelson took second in the 100-meter dash with a season-best 12.48 seconds. She also set a season-best time in 200-meter dash taking second with a time of 25.99 seconds.

Karlee Sweere *(Fr.-Potter/Hilbert)* also ran well in the 100-meter and 200-meter dashes. Sweere matched her season-best in the 100 with a time of 13.03 seconds and ran her season-best time in the 200 with a time of 27.04.

Christina Locke *(So.-Racine/Horlick)* set her personal record in the 800-meter run with a time of 2:20.95. **Liz Faller** *(So.-Marinette)* also ran a personal best in taking fourth in the 100-meter hurdles with a time of 15.13 seconds.

Paula Crossfield *(So.-Madison/East)* added strong performances in the shot put and discus throw. Crossfield took fifth in the discus with a toss of 127-8 feet and finished eighth in the shot put with a throw of 35-6 - feet.

Mia King *(Fr.-Stewartville, MN)* set her season-best in the javelin throw by over six feet with a toss of 76-9 feet. **Jessica Owens** *(Fr.-Elm Grove/Brookfield East)* tied for fourth in the high jump clearing 5-1 - feet.

The Blugolds will be in action next when they compete in the Wisconsin Intercollegiate Athletic Conference Championships Friday and Saturday. The championships will be held in La Crosse and are set to begin Friday at 11:30 a.m.

Complete Results

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